

**Private Lessons:** basic survival instruction ages 6 months and up. The basic survival lessons teach an infant to rotate from a face down position to an aquatic survival back float. Once a child is walking, he can learn to propel in the water, rotate from a face down position to a back float to get air, rest and return to a face down position to continue propulsion. Lessons are conducted Monday through Thursday, typically 4 to 6 weeks at \$60 per week.

**Aquababies:** Once your baby has successfully completed the “basic survival” program, I offer weekly group classes that provide the opportunity for a parent to swim with their baby to maintain and enhance skills. Class: 3 to 4 participants per class, ages 7 to 30 months, 5 weeks for \$60.

**FunDays:** Once your child has successfully completed the “swim float swim” program, I offer weekly lessons that provide the opportunity for your child to maintain their skills and interact with other children of similar age. Class: 3 to 4 participants per class, ages 31 months to 4 years, 5 weeks for \$60.

**Strokes N’Floats:** Once your 4 year old child has successfully completed a “swim float swim” program, I offer weekly lessons that provide the opportunity for your child to be introduced to beginning elements of stroke development. Class: 3 to 4 participants, depends on child’s skills, 5 weeks at \$60.

**Stroke Work:** Once your child is aquatically competent, I will offer weekly lessons that continue to build upon the fundamental components of: freestyle, butterfly, backstroke and breast stroke. Class: 3 to 4 participants, prior stroke experience or testing, 5 weeks at \$60.

**Private Lessons Schedule: Beginning Monday, March 22, 2010.**

**March:** Private Lessons 10 am to 12:30 pm and 3 pm to 5 pm

**April:** Private lessons 10 am to 12:30 pm and 3 pm to 6 pm.

**May:** Private lessons 9 am to 11:30 am and 3 pm to 6:30 pm.

**June, July, August:** Private lessons 8 am to 11:00 am and 3 pm to 6:30 pm

**Group Lessons Schedule: Beginning April 12, 2010**

Time	Tuesday	Wednesday	Thursday
10:45 am	Aqua Babies	Funday	Stroke School
11:30 am	Funday	Aqua Babies	Strokes & Float
4:15 pm	Funday	Strokes & Float	Aqua Babies
5:00 pm	Strokes & Floats	Aqua Babies	Funday
6:45 pm	Stroke School	Funday	Aquababies

All classes are scheduled on instructor and time availability.

I look forward to seeing you soon!