

SPRING/SUMMER 2005

BOULDER, COLORADO

The

Splash

**INFANT
AQUATICS**



**JUDY HEUMANN
303-499-BABY
INFANTAQUATICS.COM**

DEAR PARENTS,

Spring has arrived and with it the excitement of teaching many new students and getting to know more wonderful families. Although my fingers are “pruneey” from spending so many hours in the pool, the joy I feel in turning helpless children into competent swimmers energizes me. I also love witnessing the growth in skill of advanced students who have been involved in year-round group classes. Now that summer is around the corner, I hope you all have a blast swimming with your little fish and remember to watch them constantly whenever they are around water.

REGISTER NOW FOR SPRING AND SUMMER CLASSES

Registration is ongoing for spring and summer, and slots are filling fast. If you’ve been thinking of calling to schedule a new baby or a refresher, don’t delay! Spring privates are being taught between the hours of 7:00 a.m. and 1:00 p.m. Summer privates will be offered between 7 a.m. and 10 a.m. It’s not too late to join a FUN FRIDAY class or schedule a space in the summer stroke programs. Look inside for schedule details for all group classes, and give me a call to reserve a space for your child.

Hooray for Fun Friday!



FUN FRIDAY

FUN FRIDAY for 2-5 year olds is the ultimate water experience for our little swimmers. Our staff is growing to accommodate demand for classes, and the kids are becoming more skilled and confident every week. The newest addition to the fun is “Pooh’s House”, an island platform inhabited by Pooh, Piglet and Tigger, designed to accommodate 8 super swimmers. Visitors dropping by the pool for the first time on a Friday are astounded to see our preschoolers jumping, swimming and floating all over our indoor water park.

**THE NEXT SESSION OF FUN FRIDAY BEGINS MAY 13 AND ENDS JUNE 17.
SUMMER FUN FRIDAY BEGINS JUNE 24 AND ENDS AUGUST 5. SPACE IS
LIMITED. SEE BOX NEXT PAGE FOR DETAILS. CALL SOON TO ENROLL!**

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SUMMER SCHEDULE & FEES

NEW IAS INSTRUCTOR

JUDY’S MAILBOX

• WHEN ARE LESSONS SCHEDULED?

School Year: Between the hours of 7:00 a.m. and 1:00 p.m.
 Summer: Between the hours of 7:00 a.m. and 10:00 a.m.

• HOW LONG DOES THE PROGRAM TAKE?

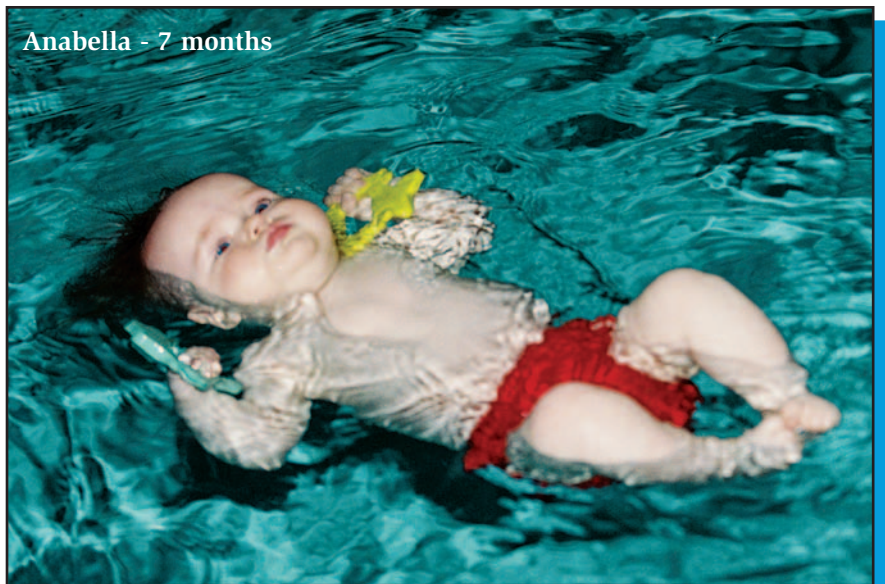
- New students:** Please allow 3 to 6 weeks of lessons, depending upon your child’s age, temperament, and personality.
- Former students:** Require 1 to 2 weeks of lessons to refresh any skills, regain confidence and be ready to participate in Fun Friday
- Former “aquababies”:** Typically need 3-5 weeks of lessons to master the complete swim•float•swim sequence, depending upon physical growth and time elapsed since last lesson.

• WHAT IS THE COST?

\$75 per week (four lessons) plus a \$35 registration fee for new students.

• HOW DO I ENROLL?

Call to schedule a timeslot and arrange lesson observation and registration
 Mail the non-refundable \$35 registration fee payable to Infant Aquatics to :
 428 Wewoka Dr, Boulder, CO 80303



AQUABABIES

Aquababies once a week group classes allow our youngest swimmers (under 30 months) to practice the swimming and floating skills learned during private lessons, while incorporating songs and activities which build confidence and enhance ability. Classes are scheduled Monday through Thursday from 10:00-10:30 a.m. and are ongoing through mid August. Cost is \$100 for a six week session (once per week). Completion of private IAS lessons is a pre-requisite for enrollment in Aquababies. Interested? Check out the Aquababies section on the website and then call Judy to sign up.

FUN FRIDAY SCHEDULE

DESCRIPTION	Small group classes organized by age		
	SPRING I	SPRING II	SUMMER
DATES	April 1, 8, 15, 22, 29 May 6	May 13, 20, 27 June 3, 10, 17	June 24, July 8, 15, 22, 29 August 5 (no class July 1)
TIMES	Spring: 8:30 a.m. - 1:00 p.m. Summer: 10:30 a.m. - 1:30 p.m.		
COST	\$100 Per Session		
As always, if your child misses a class during a session, I will credit you one class when you register for the next session. Please call to schedule and mail a check to reserve your spot.			
The ability to swim and roll over to an unassisted backfloat is a pre-requisite for participation in FUN FRIDAY			

STROKES N'FLOATS, our introductory stroke program for 4 and 5 year old FUN FRIDAY graduates continues to evolve. The swimmers are working on correct body and head position, proper arm and leg movement, and rhythmic breathing, to ultimately enable them to perform the freestyle and backstroke. They are steadily progressing and gaining confidence swimming in Scuba Joe's 12 foot deep pool. Advanced Stroke School students ages 6-7 are mastering freestyle and backstroke and working on butterfly, breaststroke, dives and turns. Recently, 15 swimmers were introduced to the sport of competitive swimming at the Brighton April Fools swim meet, while their parents and coaches cheered them on.

Our winter/spring stroke programs run until May 19 and registration for summer classes is in progress.



Morgan, Megan (4) and Caitlin (5)

THE 10 WEEK SUMMER STROKE SCHEDULE BEGINS THE WEEK OF JUNE 13 FOR THOSE CHILDREN ENROLLED IN TWICE WEEKLY CLASSES. THE COST FOR TWICE WEEK CLASSES HAS BEEN DISCOUNTED 20% IN ANTICIPATION OF VACATION ABSENCES. ONCE A WEEK OPTION ON FRIDAY IS OFFERED FOR 4 YEAR OLDS ONLY AND BEGINS JUNE 24 FOR 8 WEEKS.

STROKES N'FLOATS FOR 4 YEAR OLDS

JUNE 24 - AUGUST 19 (NO CLASS JULY 1)

30 minute classes (*maximum of 4 children per class*) 8 week session
Introduction to stroke development

LOCATION: Scuba Joe
DAY: Friday
TIME: 9:00 a.m. - 10:30 a.m.
COST: \$160

STROKE SCHOOL SCHEDULE

JUNE 13 - AUGUST 19 (NO CLASS JULY 4)

30 minute classes (*maximum of 4 children per class*) 10 week session.
Transitional stroke development for 4 & 5 year olds. Stroke technique for 5-7 year olds.
Classes grouped according to ability. Call to discuss placement and availability.

LOCATION: Scuba Joe
DAY: Tuesday/Thursday
TIME: Tu/Th 11 a.m.-1:30 p.m., Tu/Th 3:00-4:30 p.m.
COST: \$250

TRANSITION GROUP SCHEDULE

JUNE 13 - AUGUST 18 (NO CLASS JULY 4)

45 minute classes, 10 week session.
Advanced stroke technique and aerobic conditioning for 6-7 year olds in preparation for swimming with Boulder Swim Team this fall.

LOCATION: Scuba Joe
DAY: Tuesday/Thursday
TIME: 1:30-2:15 p.m., 2:15-3:00 p.m.
COST: \$250

Currently enrolled students, please be sure to speak with me about placement for summer. If you have a child who is not currently enrolled and are considering stroke instruction, now is the time to register. Classes are limited to 4 children, so please call early. See boxes for further details.

I am excited to announce that this spring, my daughter Kyla is undergoing extensive training to become certified as an Infant Aquatic Survival instructor. Kyla, a former competitive swimmer and a senior at CU, is familiar to and admired by many Infant Aquatics families for her expertise in teaching strokes to 4-6 year olds. Kyla is now ready to accept the challenge of teaching unskilled babies and children the techniques which her mom has been developing for over 30 years. Needless to say, I am thrilled and proud to have Kyla teaching with me. Kyla will be conducting private lessons and Aquababies group classes at Scuba Joe during the summer months. I hope you will all have a chance to get to know her.

JUDY'S MAILBOX

Dear Judy,

We found out about your lessons from our neighbor who has a 2-year old son named Adam. I was asking if anyone had ever taken swim lessons in the area. I was asked back, "Do you want your kids to play in the water or do you really want them to learn how to swim?" "SWIM OF COURSE!!!!" "Well then, you need to see Judy!" She told me Adam was doing swim-float-swim. I had to see this for myself and visited Adam during a Fun Friday. I couldn't believe my eyes. I had never seen such a young child swim so well.

Then I thought about my kids. Alex, 4-years old, didn't even want to get his eyes wet in the shower and Will, 2-years old, would start screaming at the sight of a swimming pool. I decided to enroll them in Infant Aquatics and the results were amazing. In the first week, they were both swimming under water. I couldn't believe it. And while both boys continued to improve at each lesson, there was just one problem; Will was screaming his lungs out every day. I think he earned a black belt in screaming. The funny thing was every morning Will couldn't wait to go swimming. For 5 weeks, Will screamed!!!! You assured me that this was only a temporary phase, and suggested we visit another pool over the weekend.



Tracey, Alex and Will



Kyla and Sarah - 8 months

So before the sixth week, my husband and I took the kids to the rec center to go swimming as a family. After about 45 minutes of screaming a light bulb went on in Will's head and he realized, "Hey, this swimming thing is a lot of fun!" He could not wait to see you the next day; he jumped right into your arms and swam like a fish. It was unbelievable! I can't rave enough about your program. Six weeks ago, my kids would not even go near the water, now swimming is our most favorite family activity. Thank you, Thank you, Thank you!!!!

Sincerely,

— Tracey Chiang

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